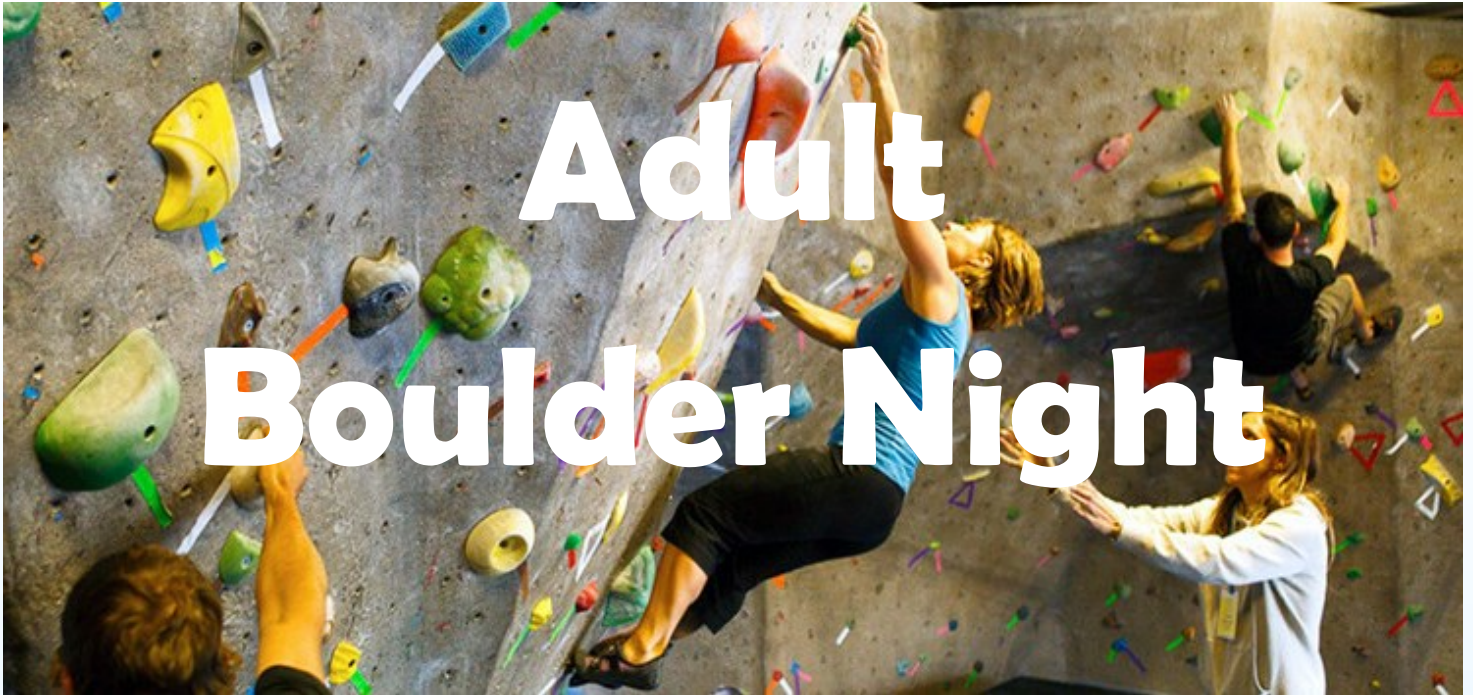


# Lillooet & District REC Centre



January 17- February 28, 2018

**\$47 for 7 sessions**

**Wednesday 7:00-8:00pm Age 18+**

Instructor: Alicia Krupek

Building on the first session, adults will work on technique, endurance and strength training

**Beginners welcome**

**(Please come on time in order to complete your intro to the wall)**

**Orientation and waiver must be completed before 1st class**

Lillooet & District REC Centre \*250-256-7527 to register \* [rec@lillooetbc.ca](mailto:rec@lillooetbc.ca)